

# ART OF LIFE



“Art of Life” cross border project is led by Creative Cavan and aims to normalise conversations around planning for death and dying using creative approaches. Cavan County Council’s Library Service, Libraries NI, Irish Hospice Foundation, and Compassionate Communities NI are partners in delivering this Creative Ireland Shared Island initiative.

Creative workshops, planning ahead and thinking ahead workshops are being delivered this autumn in Counties Cavan, Tyrone and Fermanagh. A selection of the workshops are included. These workshops will be creative and enjoyable and aim to get you thinking and talking in a positive way about end of life. We all plan for weddings and holidays so we should plan for end of life yet many of us never do so.

For more information on this project contact: Sharon Howe, Creative Communities Engagement Officer, Cavan County Council or visit <https://www.cavanlibrary.ie/creativecavan>

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CavanWorkshops					
Bailieborough Creative Hub	Melting words	10 October	10.30 am to 12.00 noon	Bailieborough Library	Call the library on 042 966 5779
Bailieborough Creative Hub	Melting words	18 October	10.30 am to 12.00 noon	Virginia Library	Call the library on 049 85 48456
Kim Gaffney Art	“A special place”	13 and 20 November	10.00am - 1.00pm	Cavan County Museum, Ballyjamesduff with The Women’s Shed in Ballyjamesduff	Book by calling Cavan Age Friendly on 049/4378581
Valerie Whitworth, Voice and Song	Songs from the Circle of Life	4, 11 & 18 October	11 am to 1.00 pm	Civic Centre, Belturbet	Book by calling Cavan Age Friendly on 049/4378581
Helen Keenan	‘Pen the Pain’ Poetry, movement and Art	25 October, 1 November, 15 November and 22 November	11 am	Johnston central Library	Book by calling Cavan Age Friendly on 049/4378581
Irish Hospice Foundation	Putting your House in order	21 October	10.30 am - 12.30 pm	Johnston central Library	Book by calling Cavan Age Friendly on 049/4378581



## Fermanagh Omagh Workshops

Valerie Whitworth, Voice and Song	Songs from the Circle of Life	7,14 and 21 October	11 am to 1.00 pm	Campsie Hub Omagh	Book by calling Allison on 07955 787 456 or email aforbes@southwestagepartnership.co.uk
Morag Donald, Crafting your Soul	Words and Images	9,16 & 23 October	11 am to 1.00 pm	The Cornerstone, Beragh, Co Tyrone, BT79 0TA	Book by calling Allison on 07955 787 456 or email aforbes@southwestagepartnership.co.uk
Morag Donald , Crafting your Soul	Words and Images	11,18 & 25 October	11 am to 1.00 pm	Fermanagh House, Enniskillen	Book by calling Allison on 07955 787 456 or email aforbes@southwestagepartnership.co.uk
Compassionate Communities	Plan ahead workshop	29 October	10.30 am - 12.00 noon	Fermanagh House Enniskillen	Book by calling Allison on 07955 787 456 or email aforbes@southwestagepartnership.co.uk
Compassionate Communities	Plan ahead workshop	29 October	2.30 - 4:00 pm	Omagh Library	Book by calling Allison on 07955 787 456 or email aforbes@southwestagepartnership.co.uk
Briege Mc Clean	Creative writing	9,16 & 23 October	11 am to 1.00 pm	The Cornerstone, Beragh	Book by calling Allison on 07955 787 456 or email aforbes@southwestagepartnership.co.uk
Briege Mc Clean	Creative writing	11,18 & 25 October	11 am to 1.00 pm	Enniskillen Library	Book by calling Allison on 07955 787 456 or email aforbes@southwestagepartnership.co.uk
Aidan Dunphy	Wellness in Rhythm	08 November	11 am	Irvinestown Library	Book by calling 028 6862 1383 or irvinestownlibrary@librariesni.org.uk
Aidan Dunphy	Wellness in Rhythm	12 November	1 pm	Lisnaskea Library	Book by calling 028 6772 1222 or lisnaskealibrary@librariesni.org.uk
Aidan Dunphy	Wellness in Rhythm	24 October	4 pm	Omagh library	book by calling Omagh Library – 028 8244 0733 or omaghlibrary@librariesni.org.uk

